

All is Not as it Seems
April 7, 2010

Intro

We have a spiritual enemy - Ephesians 6:12

How are we tempted?

Genesis 3: 1-7

- 1) Through lies, distortions, and deception
 - John 8: 44
 - John 10: 10
- 2) The enemy focus's on our weaknesses
 - Acts 5
- 3) Distraction
 - Proverbs 30: 8-9
 - Deuteronomy 18: 10-12

How to overcome temptation

- 1) 1 Corinthians 10: 12-13
 - Be careful to not fall when you think you are strong
 - You are not alone in your temptations
 - God will not allow temptation beyond what you can handle
 - God provides a way out!
- 2) Hebrews 12: 1-2
 - Throw off the sin that so easily entangles us
 - We must persevere through temptation
 - Fix your eyes on Christ

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Discussion Group Questions:

1 - Begin your discussion time with prayer, inviting the Holy Spirit in your group and asking for His guidance.

2 - What are ways that the enemy tries to tempt you? When do you find that you are tempted the most?

3 - What do you do when you are tempted? Do you look for a way out, make excuses, or blame God?

4 - What are sources of distraction in your life? How can you cut them out?

5 - If God provides a way out for us, why is it sometimes so hard to find? What do you think you need to do.

6 - Are you in the midst of temptation now? What do you need to do?

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