

BOLD - Self-Discipline

September 23, 2009

What is self-discipline?

- What do you think of when you hear “self-discipline”?
- What if you saw self-discipline as an opportunity or an avenue to experience God through.

Stretching us beyond our comfort zone

Hear His calling and be willing to follow Him.

- Matthew 4: 18-22 (NIV)

When we follow the Holy Spirit we experience new things.

- Matthew 8: 14-15 (NIV)
- Matthew 14: 27-30 (NIV)
- Matthew 17: 1-9 (NLT)

Imagine what all we could see and know and experience if we would simply be disciplined enough to hear God’s voice and act on what He says.

Falling under the Holy Spirit’s control

God gave us self-discipline

- 2 Timothy 1: 7 (NLT)

Self-discipline is a fruit of the spirit

- Galatians 5: 22-25 (NLT)
- Example of a motorboat vs. sailboat

Overcome the grip of sin

- Romans 8: 12-14 (NLT)

Conclusion

Is there something in your life that you need to release control of and fall under the control of the Holy Spirit?

BOLD - Self-Discipline

September 23, 2009

What is self-discipline?

- What do you think of when you hear “self-discipline”?
- What if you saw self-discipline as an opportunity or an avenue to experience God through.

Stretching us beyond our comfort zone

Hear His calling and be willing to follow Him.

- Matthew 4: 18-22 (NIV)

When we follow the Holy Spirit we experience new things.

- Matthew 8: 14-15 (NIV)
- Matthew 14: 27-30 (NIV)
- Matthew 17: 1-9 (NLT)

Imagine what all we could see and know and experience if we would simply be disciplined enough to hear God’s voice and act on what He says.

Falling under the Holy Spirit’s control

God gave us self-discipline

- 2 Timothy 1: 7 (NLT)

Self-discipline is a fruit of the spirit

- Galatians 5: 22-25 (NLT)
- Example of a motorboat vs. sailboat

Overcome the grip of sin

- Romans 8: 12-14 (NLT)

Conclusion

Is there something in your life that you need to release control of and fall under the control of the Holy Spirit?

Discussion Group Questions:

1 - Start with a time of prayer, inviting the Holy Spirit to open your hearts and direct your discussion time.

2 - Coming into tonight, what did you first think of when you heard the term "self-discipline"? Has your view of that changed at all?

3 - Has God ever stretched you beyond your comfort zone? How so? What do you think you could experience if you allowed Him to stretch you?

4 - Have you ever made the excuse that you just can't be self-disciplined? Now that you know God has given you the ability to be self-disciplined, how will that change your actions?

5 -Talk about how self-discipline in your life can produce freedom. Have you experienced this to be true in your life?

6 - What one thing do you need to release control of so that you can fall under the control of the Holy Spirit?

Notes:

Discussion Group Questions:

1 - Start with a time of prayer, inviting the Holy Spirit to open your hearts and direct your discussion time.

2 - Coming into tonight, what did you first think of when you heard the term "self-discipline"? Has your view of that changed at all?

3 - Has God ever stretched you beyond your comfort zone? How so? What do you think you could experience if you allowed Him to stretch you?

4 - Have you ever made the excuse that you just can't be self-disciplined? Now that you know God has given you the ability to be self-disciplined, how will that change your actions?

5 -Talk about how self-discipline in your life can produce freedom. Have you experienced this to be true in your life?

6 - What one thing do you need to release control of so that you can fall under the control of the Holy Spirit?

Notes: